

CHILLED YOGURT & CUCUMBER SOUP (TARATOR)

Ingredients:

2 c. White Mountain Foods Bulgarian Yogurt
3 cucumbers, finely diced
½ c. walnuts, ground
3-4 cloves garlic, crushed
dill, finely chopped - salt
¼ c. olive or sunflower oil

Directions:

Beat the yogurt, add the crushed garlic, ground walnuts, finely diced cucumbers, oil and salt. Stir and dilute with cold water. Serve sprinkled with finely chopped dill. Makes 3-4 servings.