

YOGURT POPS

Ingredients:

- 1 c. White Mountain Foods Bulgarian Yogurt
- 1 banana, sliced
- 1 tsp. vanilla
- 1 c. fruit juice OR fruit chunks

Directions:

Blend ingredients together and pour into small paper cups. Freeze cups. Place a plastic spoon or pop stick in each cup when yogurt mixture is half frozen. To serve, turn cup upside-down and run hot water over it until the pop slips out. Let children keep the cups to use as a holders to prevent messes.