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## **PANCAKES**

## **Ingredients:**

1 c. White Mountain Foods Bulgarian Yogurt

3/4 c. whole wheat flour

2 tsp. baking powder

1 tsp. aluminum-free baking soda

1 Tbsp. honey

1 tsp. salt

11/4 c. milk

2 eggs, beaten (or equivalent amount of egg substitute )

½ c. vegetable oil

## **Directions:**

Sift together flour, baking powder, soda, honey, and salt. Combine yogurt, milk, eggs, and oil. Pour liquids into dry ingredients; mix until combined. Ladle batter onto hot greased griddle. Fry until golden brown, flip pancake & repeat with remaining batter. Serve covered with favorite toppings.