

## WHEAT ROAST SAUSAGE

### Ingredients:

1¼ cup White Mountain Foods Bulgarian Yogurt  
8 oz. White Mountain Foods Wheat Roast  
½ cup vegetable oil  
2 T. black pepper  
1 T. garlic salt  
8 slices bread  
1 potato, raw, small dice  
1 cup all-purpose flour  
1 T. cayenne

### Directions:

Slice and add Wheat Roast into food processor until crumbly, about 1 min. Add vegetable oil, garlic salt & pepper, bread, yogurt, cayenne and potato. Grind in food processor until all ingredients are uniform and smooth. Add flour slowly and alternate with pulsing or grinding the food processor. Scrape down sides after each placement of flour. Using a spatula take out mixture and place into a bowl, mold out the size and shape of the sausage using your hands and place on a hot sauté pan with vegetable oil. Cook on each side for 1½ min.